

## 2018 GCA CROSS COUNTRY SCHEDULE

<b>Date</b>	<b>Time</b>	<b>Event</b>
August 6	4:00-5:00	Practice
August 7	4:00-5:00	Practice
August 9	4:00-5:00	Practice
August 10	4:00-5:00	Practice
August 13	4:00-5:00	Practice
August 14	3:15-4:30	Practice
August 16	3:15-4:30	Practice
August 17	3:15-4:30	Practice
August 20	3:15-4:30	Practice
August 21	4:00	Away Wake
August 23	3:15-4:30	Practice
August 24	3:15-4:30	Practice
August 27	4:00	Away Wayne
August 28	3:15-4:00	Practice
August 30	3:15-4:30	Practice
August 31	3:15-4:00	Practice
September 6	3:15-4:00	Practice
September 7	3:15-4:30	Practice
September 10	3:15-4:30	Practice
September 11	3:15-4:00	Practice
September 13	3:15-4:30	Practice
September 14	3:15-4:00	Practice
September 17	4:00	Away Friendship
September 18	3:15-4:30	Practice
September 20	3:15-4:30	Practice
September 21	3:15-4:30	Practice
September 24	3:15-4:30	Practice
September 25	4:00	Away Wilson
October 1	3:15-4:30	Practice
October 2	3:15-4:30	Practice
October 4	3:15-4:00	Practice
October 5	3:15-4:30	Practice
October 8	4:00	Away Friendship
October 9	3:15-4:30	Practice
October 11	3:15-4:30	Practice
October 12	3:15-4:30	Practice
October 15	3:15-4:00	Practice
October 16	4:00	Away Wilson
October 18	3:15-4:30	Practice

October 19	3:15-4:30	Practice
October 22	3:15-4:30	Practice
October 23	3:15-4:30	Practice
October 25	3:15-4:30	Practice
October 26	3:15-4:30	Practice
October 29	3:15-4:30	Practice
October 30	3:15-4:30	Practice
November 1	2:00	Away State Meet

